

Fruit Medley Granola Bar



Fruit Medley CHERRIES, BLUEBERRIES, CRANBERRIES

Nutrition Facts

Serv. Size 2 1/2 oz (71g)
 Serv. Per Cont. 2
Calories 310
 Fat Cal. 130

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 14g	22%	Total Carb. 41g	14%
Sat. Fat 4g	21%	Fiber 4g	17%
Trans Fat 0g		Sugars 14g	
Cholest. 15mg	5%	Protein 5g	
Sodium 0mg	0%		
Vitamin A 0% • Vitamin C 2% • Calcium 4% • Iron 6%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Organic Rolled Oats, Organic Honey, Dried Blueberries, Cherries, Cranberries, Brown Sugar, Unsalted Butter (rbst-free), Organic Ground Flaxseed, Organic Whole Grain Spelt Flour, Raw Unsalted Almonds, Cashews, Pecans, Brazil Nuts, Organic Sunflower Oil, Raw Unsalted Pepitos and Sunflower Seeds, Organic Grade B Maple Syrup, Blackstrap Molasses

CONTAINS: NUTS, WHEAT



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